

DIGITAL DIALOGUE



A Pathway to More Opportunities

Protective Factors for Survivors of Domestic Violence



Advancing an Adult & Child Survivor-Centered Approach

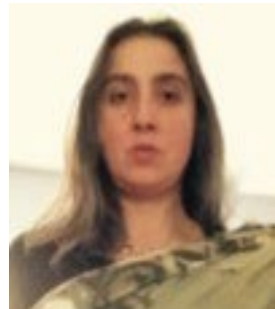
Introducing Our Presenters



Tien Ung, PhD
Director of Impact
and Learning
Futures Without
Violence

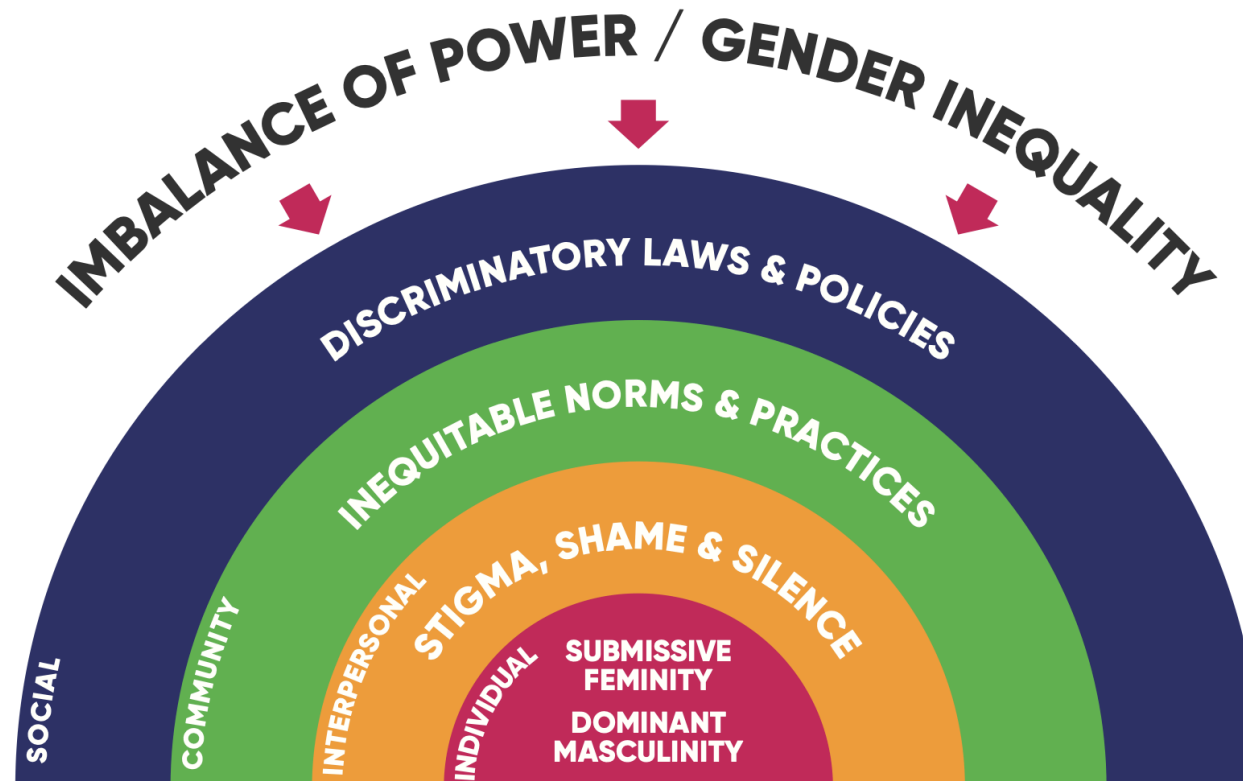


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Social Ecological Model of Domestic Violence



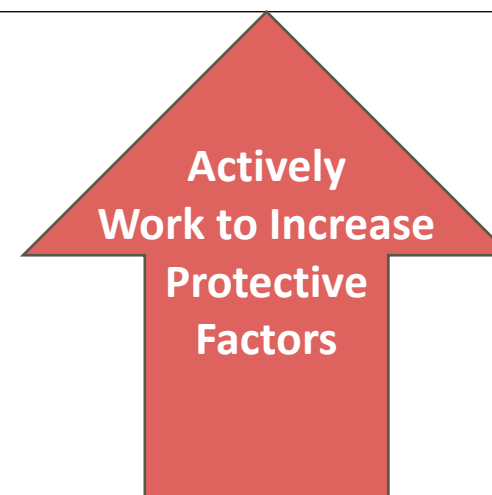
Source: Adapted from Michau et al. 2015 (The Lancet)

Address Risk Factors *and* Protective Factors



Risk Factors: conditions or attributes of individuals, families, communities, or the larger society that *increase the likelihood of poor outcomes*

Protective Factors: conditions or attributes of individuals, families, communities, or the larger society that *reduce risk AND promote well-being*



Protective Factors for Survivors of DV

“When a flower doesn’t bloom, you fix the environment in which it grows, not the flower.”

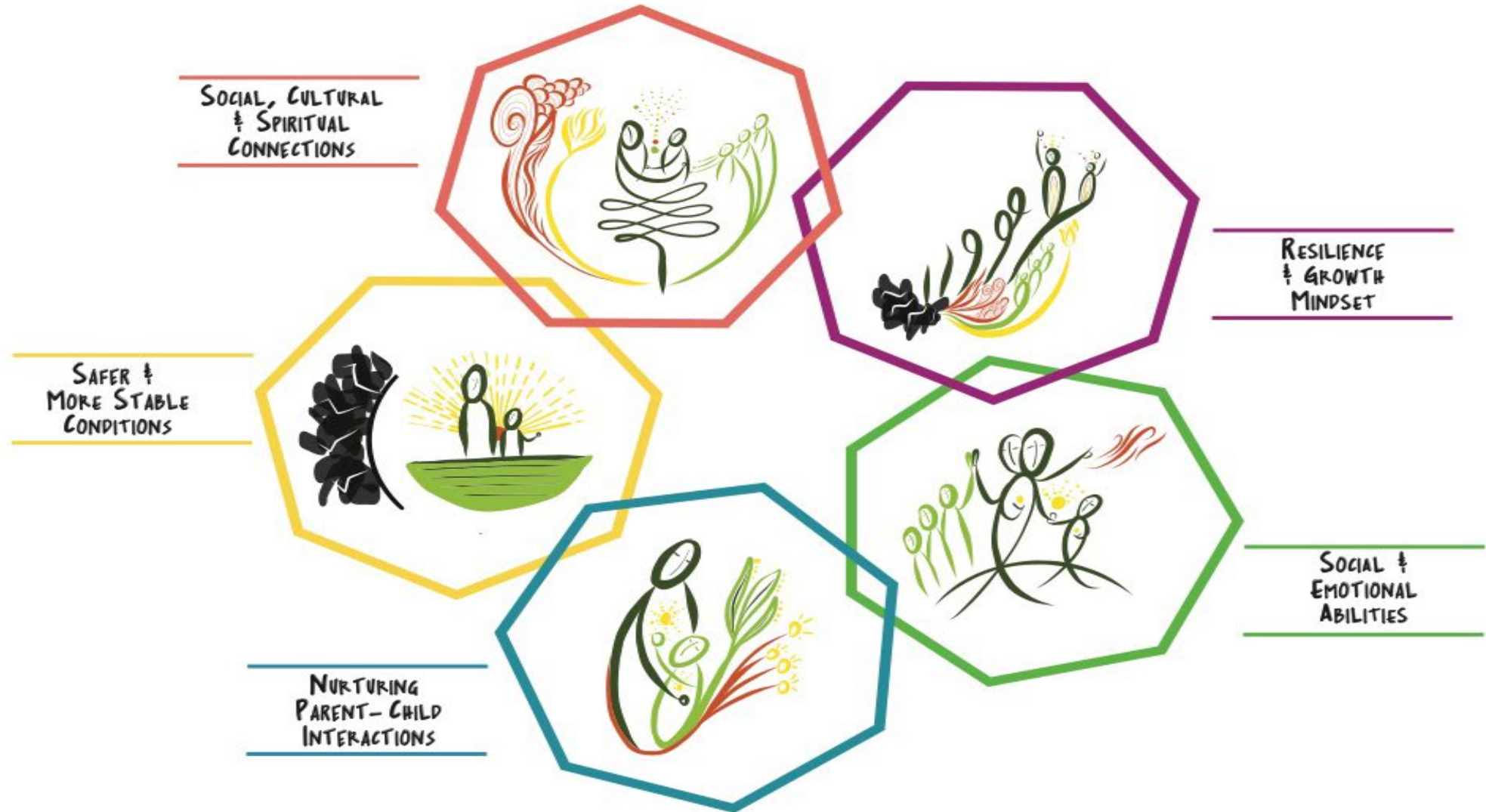
Alexander Den Heijer

Protective Factors:

- Characteristics of individuals and families, as well as social and environmental conditions
- Reduce the negative impact of risk factors
- Build individual and family strengths, promote healthy development, support the well-being of adult and child survivors of domestic violence

Development of the Protective Factors Framework for Survivors of Domestic Violence was funded through the Department of Health and Human Services, Administration for Children and Families, Children’s Bureau, Grant #90CA1850-01. The content of this Digital Dialogue does not necessarily reflect the view or policies of the funder nor imply endorsement by the U.S. Department of Health and Human Services.

5 Protective Factors for Survivors of DV



Crosswalk:

Protective Factors for Survivors of Domestic Violence

Safer and More Stable Conditions

Social, Cultural, and Spiritual Connections

Resilience and a Growth Mindset

Nurturing Parent-Child Interactions

Social and Emotional Abilities

Strengthening Families Protective Factors Framework

Concrete Support in Times of Need

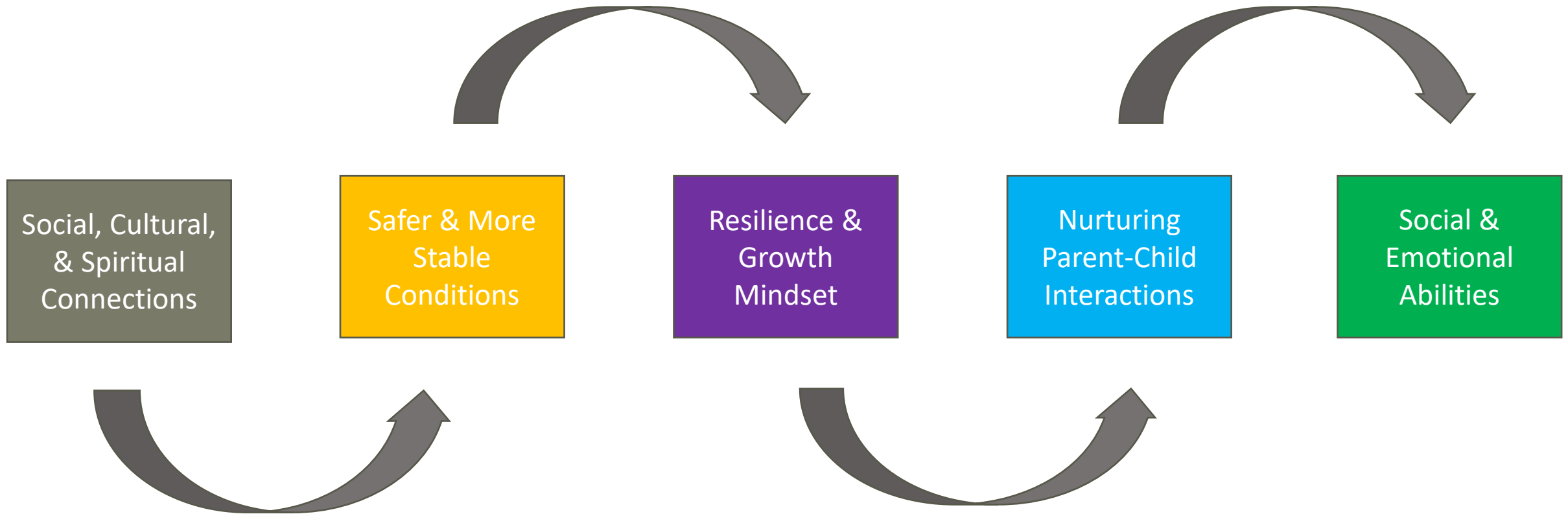
Social Connections

Parental Resilience

Knowledge of Parenting and Child Development

Social and Emotional Competence of Children

Protective Factors for Survivors are Interrelated



Build Protective Factors in All Domains to Achieve Optimal Outcomes

Systems/Societal Domain

- Policies
- Interagency Partnerships

Institutional Domain

- Safer and More Stable Conditions

Interpersonal Domain

- Social, Cultural, & Spiritual Connections
- Nurturing Parent-Child Interactions

Individual Domain

- Resilience & Growth Mindset
- Social & Emotional Abilities

Safer and More Stable Conditions

- Being freer from harm
- Having more predictable and consistent positive experiences
- Reducing the effects of DV by decreasing survivors' exposure to danger and by increasing self-efficacy



Social, Cultural, and Spiritual Connections



- Having sustained relationships with people, institutions, the community, or a higher power
- Receiving needed emotional support, help, guidance, and resources
- Having feelings of trust, hope, faith, and a belief that they matter

Resilience and Growth Mindset



- Resilience—positive adaptation and personal growth in response to adversity
- Growth Mindset—confidence that you can make it through the challenges you're face with

Both strengthen survivors' belief in their own power to make good choices and helps healing

Nurturing Parent-Child Interactions

- Responding to & meeting the needs of a child in an affectionate and patient manner
- Having a mutual bond of trust, love, affection, and predictability
- Promoting security in children and strengthening parents' belief in their abilities



Social and Emotional Abilities



- Managing emotions; effectively interacting and communicating with others
- Setting and achieving positive goals; making responsible decisions
- Persisting even when things are challenging; seeking help when needed

Build Protective Factors in All Domains to Achieve Optimal Outcomes

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Institutional Domain

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Interpersonal Domain

- Social, Cultural, & Spiritual Connections
- Nurturing Parent-Child Interactions

Individual Domain

- Resilience & Growth Mindset
- Social & Emotional Abilities

Individual-Level Strategies

- Focus on the strengths, potentials, and resourcefulness of adult and child survivors
- Reduce stressors on survivors by helping with immediate needs such as groceries, car repairs, legal issues, or health care.
- Advocate directly for survivors' access to resources and help them overcome barriers (e.g., language and geographic barriers, racial and gender identity discrimination, etc.)
- Use supervision to actively identify implicit biases about race and gendered norms in one's thinking, analyses, assessments, and decision making

Interpersonal-Level Strategies

- Co-design solutions with survivors
- Explore with survivors how they can connect with others to access services, resources, and opportunities
- Provide survivors' family and friends with information on how to support a loved one experiencing DV and about their own self-care
- Identify free community and online resources an adult survivor can access for reliable parenting and child development information
- Foster stable and positive friendships and relationships for children

Community-Level Strategies

- Establish new partnerships to expand access to resources that lessen the burdens on survivors of DV and their families
- Engage community allies—such as faith leaders and school personnel—to provide meaningful support and resources to survivors
- Facilitate survivors' access to DV and parenting support groups, playgroups, recovery groups, and other support services for parents and children, either in the community or online

Societal/Systemic-Level Strategies

- Address root causes of racial, ethnic, and gender disparities in domestic violence and other child welfare cases
- Develop contracts to provide families equitable access to DV services
- Partner with DV Coalitions in developing Family First Prevention Services plans
- Use CAPTA funds to strengthen child welfare collaboration with DV programs and enhance DV training and practice



Discussion

Please type your questions into the chat box.

Resources

For Building Protective Factors

<https://dvchildwelfare.org/resources/issue-brief-on-the-protective-factors-for-survivors-of-domestic-violence/>

For Child Welfare Agencies and Service Providers

<https://dvchildwelfare.org/resource-library/>

For Adult and Child Survivors

<https://www.futureswithoutviolence.org/resources+for+kids+and+families>

<https://www.futureswithoutviolence.org/get-updates-information-covid-19/>

Upcoming Digital Dialogues

- **November 16:** Economic Supports and CAN Prevention
[Registration Opens 10/25](#)

New Resources from CBLCC

- Recorded sessions from the 22nd National Conference on Child Abuse and Neglect will soon be available on the [NCCAN website!](#)

Thank You!

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